



Directions for use of the Plak-Vac® Suction Toothbrush with the Res-Q-Vac® Hand Powered Suction System

Preparing to use Plak-Vac

- The use of Res-Q-Vac requires a special Plak-Vac brush. Check to be sure that your Plak-Vac brush has a red plug in the control port.
- Gloves are recommended when doing any oral procedure.
- Rinse brush in hot water prior to each use.
- Regular toothpaste is not recommended due to foaming and necessity to rinse. Use of a non-foaming, non-rinse type oral care solution is recommended. Consult a healthcare professional for your specific needs.
- Connect Plak-Vac to Res-Q-Vac suction system.

Using Plak-Vac

1. Dip Plak-Vac brush into oral care solution of your choice. Leave control port open when dipping brush to preserve liquid. Water, diluted mouthwash, saline-baking soda solution w/peroxide or fluoride gel are some commonly used solutions. Consult your healthcare provider for specific recommendations.
2. As brush is placed in patient's mouth begin squeezing Res-Q-Vac handle. This evacuates any fluid build-up (saliva, etc.) that may occur. Res-Q-Vac handle must be squeezed often and quickly during use to provide suction necessary to evacuate fluid. Suction will stop when you stop squeezing the handle.
3. Brush inside of cheeks, palate and tongue to remove mucous film, food residue and plaque. Hold tongue with a 2x2 inch gauze during brushing if needed.
4. Periodically dip brush tip into liquid to flush excess plaque and food debris from bristles and suction line. Pressing bristles against side of cup may help with debris removal.

Clean Up and Disinfection

Clean brush, suction hose and canister by flushing with water until free of visible material. Hydrogen peroxide solution may be used to aid in disinfection.

DO NOT flush or submerge the Res-Q-Vac pump handle. The Res-Q-Vac pump handle may be wiped with disinfection solution.

PRECAUTIONS:

- Patients with inflamed gums may experience slight bleeding of gums. In most cases this will cease as gums heal with regular mouth care. Consult your healthcare provider if bleeding is prolonged or excessive.
- Some medical conditions may require antibiotic therapy when oral care is provided. Consult with your healthcare provider before beginning oral care.

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