



Directions for use of the Plak-Vac® Suction Toothbrush with a Suction Pump or Continuous Suction Source

Preparing to use Plak-Vac

- Gloves are recommended when doing any oral procedure.
- Rinse brush in hot water prior to each use.
- Regular toothpaste is not recommended due to foaming and necessity to rinse. Use of a non-foaming, non-rinse type oral care solution is recommended.
Consult a healthcare professional for your specific needs.
- Connect Plak-Vac to suction source.

Using Plak-Vac

1. Dip Plak-Vac brush into oral care solution of your choice. Leave control port open when dipping brush to preserve liquid.
Water, diluted mouthwash, saline-baking soda solution w/peroxide or fluoride gel are some commonly used solutions. Consult your healthcare provider for specific recommendations.
2. Place thumb or finger over control port as brush is placed in patient's mouth. This evacuates any fluid build-up (saliva, etc.) that may occur.
3. Brush inside of cheeks, palate and tongue to remove mucous film, food residue and plaque. Hold tongue with a 2x2 inch gauze during brushing if needed.
4. Periodically dip brush tip into liquid with finger over control port to flush excess plaque and food debris from bristles and suction line. Pressing bristles against side of cup while finger is over control port may help with debris removal.

Clean Up and Disinfection

Clean brush and suction hose by flushing with water until bristles and suction line in Plak-Vac are free of visible material. Plak-Vac may be flushed with hydrogen peroxide solution to aid in disinfection.

PRECAUTIONS:

- Patients with inflamed gums may experience slight bleeding of gums. In most cases this will cease as gums heal with regular mouth care. Consult your healthcare provider if bleeding is prolonged or excessive.
- Some medical conditions may require antibiotic therapy when oral care is provided. Consult with your healthcare provider before beginning oral care.

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